

*Where Hope Becomes Healing*

## Confidential Services for *NSO Members*

We are a dually accredited, nationally recognized dual diagnosis treatment center that focuses on the care, support, and well-being of those who struggle with addiction and behavioral health issues. We are a service dedicated to NSO Union Members. FHE HEALTH is accredited by both the Joint Commission and the Commission of Accreditation of Rehabilitation Facilities (CARF).

FHE HEALTH offers Employee Assistance services and is a confidential resource, utilizing state and federal laws to protect jobs as we provide care to members.

We are committed to our mission, which is to provide integrated, modern-day addiction and mental health treatment at the highest level of quality, in order to ensure that every school employee has the opportunity for a better life.

### Features

- Individualized Program: SHATTERPROOF for First Responders.
- Residential, PHP, IOP and Outpatient Options
- 24/7 Medical Staff including On-site Psychiatric and Medical Services
- Medication Management
- Integrated Medical Care
- Individual and Group Therapy Sessions with Licensed Mental Health Therapists
- Wellness Groups (Massage, Acupuncture, Breathwork, Music Therapy Nutritional Planning, Weight Management, Yoga, etc.)
- On-site Recreational Therapy & Gym Access

